

# **Authentic Leadership Short Course**

Offered by the Academic Leadership Group, Inc.

How would you lead if you were more authentic? What would you do? What choices would you make? What might be possible? - for you, your team, and your institution?

"Authentic Leadership" is an experiential program designed to address the growing need for authentic leadership in today's universities. The program is built upon the latest research on how to lead yourself, your team, and your institution authentically. It is tailored for individuals seeking to refine their leadership approach and to enhance their ability to inspire, engage, and lead with authenticity in diverse professional contexts.

This 8-hour intensive program will provide you with a clear and actionable approach to lead from the grounded, aligned, and values-driven place that already exists inside you.

#### **Dates:**

Day 1: Monday, April 29, 11 am-3 pm ET

Day 2: Thursday, May 2, 11 am-3 pm ET

Format: Online (Zoom)

**Fee:** \$995

**Registration:** Open



#### **Key Benefits**

- **Expanded Leadership Toolkit:** Acquire a broader range of knowledge and skills to enhance your leadership effectiveness.
- **Vision and Alignment:** Identify your real values and understand how they influence your leadership actions.
- Authenticity in Organizations: Achieve higher levels of trust in your organization, greater satisfaction, and ultimately higher levels of group and organizational performance.
- **Enhanced Team Leadership:** Develop skills to lead more authentically in team settings and enable others to show up as their authentic selves.
- **Self-Reflection and Personal Growth:** Gain the clarity, confidence, and courage to lead as your true and best self.
- **Networking and Inspiration:** Connect with peers, drawing inspiration from others to invigorate your leadership journey and career.



#### **Program Objectives**

- Develop a deeper understanding of authentic leadership and how it can be practiced in academic leadership roles.
- Enhance self-awareness and distinguish between helpful and unhelpful authentic behaviors.
- Build trust and transparency in your team as an authentic leader.
- Discover and leverage personal leadership strengths and values in leading teams and organizations.
- Build the skills and confidence to inspire your team.

#### Who Should Attend

This program is particularly beneficial for:

- Academic and administrative leaders at all levels seeking to enhance their leadership approach and effectiveness.
- Deans, directors, and other academic and administrative leaders charged with complex relationship building and gaining buy-in for strategic initiatives.
- Aspiring academic leaders looking to develop a strong foundation in leadership skills.
- Individuals interested in personal development and expanding their leadership skillset.

Through participating in the "Authentic Leadership" program, you will not only refine your leadership skills but also contribute to creating a more authentic, transparent, and trusting work environment. Join us on this journey to discover your authentic leadership!



## **Program Schedule**

#### **SESSION 1:**

#### The Authentic Self

- Unpacking the 'Authenticity Paradox'
- The 'Authenticity Formula' and why it is challenging to be your authentic self
- Self-awareness, getting to know yourself and your leadership purpose

#### **The Authentic Organization**

- Building and supporting the authentic organization
- Consulting circles: Explore the challenges in your specific professional context
- Addressing the challenges in building and leading an authentic organization

#### **SESSION 2:**

#### **Authenticity in Teams**

- Identifying and leading with your authentic strengths
- Exploring your team's authentic strengths
- Building trust and transparency on your team and the critical role of psychological safety

#### Your Authentic Self as Leader

- Identifying and leading with your authentic strengths
- Exploring your team's authentic strengths
- Building trust and transparency on your team and the critical role of psychological safety



## **Participant Testimonials**

"Julie's work resonated with me. I will do the peaks and valleys activity with my team - it was all so good!"

"The breakout rooms and the quality of discussion topics were incredible."

"Julie was excellent at teaching selfawareness, personal responsibility, being the author of one's life, and reframing issues as opportunities, among other concepts and principles. I highly recommend participating in any programs that Julie teaches!" "This course gave me lots of things to think about. Encouraged reflection and self-awareness rather than a lot of business best practices and jargon."

"[This course] helped me regain my center. I was focusing outward and doing nothing to lead myself."

"I like the tactical takeaways I can implement into my life and in my leadership style."



#### **FACULTY:**

#### The program is led by Julie M. Jungalwala, Ed.M

Julie is the President of the Academic Leadership Group, where she focuses on leadership coaching, leading through complexity and change, and helping organizations unleash the potential of their people. Julie's workplace skill-building programs have helped thousands of employees and managers step into their potential as leaders and increase their teams' creativity, collaboration, and problem-solving capabilities. She is a certified CliftonStrengths coach and a certified Stakeholder-Centered Coaching coach.

Julie graduated from the Harvard Graduate School of Education with a master's degree in education, specializing in adult development, learning technology, and behavioral change. Her book, The Human Side of Changing Education, was published by Corwin Press in 2018. She is the recipient of the Donna Elder Inspired Leader Award (DEILA) and the Harvard Hero Award for outstanding contributions to the university.





# For more information and to register, please visit our website:

https://www.academicleadershipgroup.com/courses

#### **Questions?**

Please email us at info@academicleadershipgroup.com

